

DELICIOUS WEEDS 2019

March 23 - April 13 - May 4 - June 22 -
October 5

from 2 p.m. until 9 p.m



We offer a walk with Françoise Dully in the meadows and forests around Monteggio and Sessa. During this short trip, we discover how to recognize, select and pick up wild plants to cook and taste all together at "LA NAVE B&B". Let us guide you, from the harvest to the table.

Françoise Dully Ethnobotanist,
Aqua-baby Training Teacher,
Water Dance and Watsu Courses.
Wellness Ponte Cremenaga

Cost:
Course with Dinner included Frs. 60.--

For information: call tel. +41764600640
To sign up please send your contact
information with phone number at
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